

CODE OF CONDUCT FOR YOUNG (UNDER-18) PLAYERS

Date that this document was last reviewed and updated if appropriate:	21 December 2025
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Adults at Glenearn Badminton Club ("the Club") should help to make badminton safe and fun. This is your job too. This means respecting other players and the people who are there to help you to learn. You should do this by:

- Being ready and on time for training and competition
- Respecting coaches and other helpers
- Accepting what a coach or match official asks you to do in the rules of the game
- Playing to the best of your ability
- Never swearing at or insulting anyone, including other players
- Telling your parents or carers where you are, or if you are going to be late
- Following advice from sport doctors or physios to keep you safe and injury free
- Never bullying others, either yourself or in a group. Bullying can happen between children or between adults and children. It means things like:
 - name calling
 - making fun at someone's expense
 - giving only negative feedback
 - hitting
 - shoving
 - stealing
 - damaging belongings
 - spreading rumours
 - making threats
 - sending/posting nasty messages
 - leaving people out on purpose.

If you are worried about something, do not keep it to yourself. Speak to an adult who you know and trust such as a parent, coach, teacher, the Club Child Wellbeing and Protection Officer, a guidance teacher, doctor, or school nurse.

If there is not anyone you can talk to, you can contact Childline in Scotland on 0800 1111 or at [childline.org.uk](https://www.childline.org.uk). It is free, private, and confidential.